

**The 7th wave of Covid-19 is reaching disastrous levels
– Emergency statement from hospitals treating critical patients –
(Excerpt)**

【Kyoto Prefectural Medical Association】 Chair Michinori Matusi

【hospitals treating critical patients by covid-19】

Susumu Miyamoto, Director, Kyoto University Hospital

Hitoshi Yaku, Director, University Hospital, Kyoto Prefectural
University of Medicine

Eito Ikeda, Director, Japanese Red Cross Kyoto Daiichi Hospital

Hiroshi Kobayashi, Director, Japanese Red Cross Kyoto Daini
Hospital

Kaoru Koike, Director, Kyoto Medical Center

Atsushi Sueyoshi, Director, Uji Tokusyukai Hospital

Hiroshi Kuroda, Director, Kyoto City Hospital

Yoshihiro Wakazono, Director, Kyoto Katsura Hospital

Jun Takeda, Director, Koseikai Takeda Hospital

Tsuneyo Mimori, Director, Ijinkai Takeda Sogo Hospital

Toru Kamiya, Director, Rakuwakai Otowa Hospital

Shinji Ono, Director, Mitsubishi Kyoto Hospital

Toshitaka Takagi, Director, Kyoto Okamoto Kinen Hospital

Precautions for keeping you and your loved ones safe:

- ◆ **Avoid unessential outings. Only leave for emergencies.**
- ◆ **Avoid having conversations without a mask.**
- ◆ **It is recommended that you receive a third vaccination.**

1. Please be aware that no restrictions on your activity does not mean a zero risk of infection.

The government has not issued restrictions on people, in order to revive the social economy. This does not mean that limited activity equals a zero risk of infection. There is always a higher risk of infection where people gather. Please recognize that certain risks exist when you are going out and/or traveling. Avoid or postpone going out if possible.

2. Collapse of medical system by Covid-19's 7th wave which is almost at disasterous levels

The current explosive spread of Covid-19 is at a disaster level. It seems we have regained normal life with no activity limitation superficially, at the same time hospitals are experiencing hardships in regards to medical system operations, especially emergency treatment.

It is an extreme situation that we want you to know about.

Beds for covid-19 patients are practically full. This means that not every hospital is able to accept new patients immediately.

Ordinary treatments are also being affected, with hospitalizations and/or operations being suspended.

Emergency medical treatment is in critical condition. Patients who have been injured by traffic accidents, strokes or heart disease are facing difficulties finding hospitals. The situation may worsen and not be able to improve unless we see a reduction in the number of Covid-19 infections.

3. Covid-19 is different from the common cold and flu

Covid-19 can spread through people who are yet to exhibit any symptoms. Please note that conversations without masks have more risks. It is best to avoid this. When you are close to others, such as in public spaces, make sure you wear a mask.

The current variant called covid-19 BA5 is highly infectious. Airborne and aerosol infections can occur even when you wear a mask. Please remain vigilant.

4. Recommendation for third vaccination

To prevent infections, aggravation and prognostic symptoms as well as spreading the infection, we recommend that younger generations receive their third vaccination.